



5 Things You Can Do *Right Now* to Oppose Amendment 3 and Empower Missouri Women

Missourians will be voting on November 5th, 2024 on Amendment 3. Amendment 3 would place the “right” to an abortion in the state constitution, allowing for abortion all 9 months of pregnancy, and removing parental rights and safe healthcare practices.



Here are 5 things you can do *right now* to help:

1. Pray

Prayer is a powerful form of action which will guide our other thoughts and actions.

→Pray our prayer for defeat of Amendment 3, available at

www.lifeandjusticekcsj.org/missouriproabortionballot.

→Form a prayer group at your parish with the intention specific to the defeat of Amendment 3. Ideas include praying a rosary together every Tuesday or joining together in Adoration each week at your parish holy hour.

2. Walk with Moms

Support moms in your parish and community by sharing resources and creating a safe and welcoming environment.

→Walking with Moms in Need parish program:

<https://www.lifeandjusticekcsj.org/walking-with-moms-in-need>

→Gabriel Project:

<https://www.lifeandjusticekcsj.org/gabriel-project>

→Local Pregnancy Resource Centers and Maternity Homes:

<https://www.lifeandjusticekcsj.org/community-resources>

3. Help Those Wounded by Abortion

Encourage those wounded by abortion to reach out for compassionate help and healing. Nearly 1 out of every 5 pregnancies ends in abortion in the U.S.*; many women and men are in need of healing in our pews.

→Project Rachel and Rachel's Vineyard:

<https://www.lifeandjusticekcsj.org/project-rachel-rachels-vineyard>

4. Learn & Share about Amendment 3

It is vital for everyone to be informed about the language of Amendment 3 and how radical the effects would be.

→Local informative page and resources:

www.lifeandjusticekcsj.org/missouriproabortionballot

→Missouri Catholic Conference:

<https://mocatholic.org/abortion/>

5. Promote Voter Engagement

Know the role of the Church in advocacy and the public sphere. Encourage new voters to register. Ask your pastor to organize a voter registration drive at your parish (per Secretary of State's guidelines).

→Guidelines for Church Involvement in Elections:

<https://mocatholic.org/wp-content/uploads/Church-Guidelines-During-Elections-v2.pdf>

→How to Conduct a Voter Registration Drive in Missouri:

<https://nationalvoterregistrationday.org/wp-content/uploads/2023/08/Missouri-Guide-to-Voter-Registration-Drives-2023-NVRD.pdf>